



*Medecine
Nutrition
et Danse*





I dreamed and put together my love for medicine, beauty, nutrition, cosmetics and classical dance.

I wanted to create a completely natural cosmetic line, free of chemical agents, with the addition of anti-aging ingredients...

A line dedicated exclusively to women of all ages... I wanted to train a team of women specialized in Aesthetic Medicine and Surgery only...

I wanted to create a nutrition and classical dance training program suitable for all women who have always dreamed of wearing a tutu but have never had the time or opportunity to do it...

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Face and lipps Line

Extra Filler face cream



Specific treatment to firm and increase skin elasticity. Strong adjuvant for wrinkles and senescent skin. Contains two types of Hyaluronic Acid to fight and treat all types of wrinkles and Acemella Oleracela, also called natural Botox, an active ingredient with important filling properties that has a relaxing action on the muscles under the skin, reducing expression lines. The combination of the two types of hyaluronic acid compacts the skin of the face and stimulates the regeneration of fibers and elastin.

How to use: apply a small amount of product on the face and massage with short circular movements until completely absorbed.

50ml € 40,00

Skin spot whitening cream



Cream based on Kojic Acid (Kojic Acid), a natural substance produced by some fungi of the genus "Aspergillus" and "Penicillium". This has a depigmenting activity, since it removes the melanin already present in the epidermis and above all inhibits its further synthesis as it blocks the transformation of Tyrosine into Melanin. The formulation also contains Glycolic Acid which enhances the whitening action of the cream by promoting the exfoliation of epithelial cells. Panthenol and Shea Butter have a healing and soothing action on the treated skin.

Directions: It is a product that acts on skin spots both on the face and on other parts of the body. Eliminates the excess of keratinized surface cells and promotes their renewal.

Instructions for Use: It is recommended to apply it to the affected points twice a day. It is massaged gently, avoiding contact with the eyes.

External use only.

50ml € 40,00

Lifting diamond powder face cream



A jewel for your skin.

Contains diamond powder with a micro scrub action and illuminating effect on the complexion, stimulates micro circulation by providing cellular oxygenation. It works in combination with Syn-Ake, known as the “Natural Botox”, smoothes and stretches the skin, relaxes the muscles, deeply reducing expression lines and the signs of aging.

Thanks to vitamin E, known as the vitamin of youth, it has a high antioxidant activity, effectively counteracts free radicals, which are formed by the action of UV rays, smoke, pollution, protecting the skin from damage that cause premature aging.

Suitable for all ages.

Instructions for use: Apply morning and evening with a light massage on face, neck and décolleté.

15ml € 20,00

Mandelico Face Cream Concentrated Cell Renewal



Thanks to the action of Mandelic Acid, this cream helps cell renewal and in a few days gives brightness to the face, promotes skin purification and helps eliminate superficial skin spots. Mandelic Acid has an uncommon advantage: it is suitable for all types of skin. Redesigns the oval and reduces small spots on the skin caused by the action of the sun and skin aging.

Mandelic acid is an alpha hydroxy acid that guarantees a gentle and purifying non-irritating exfoliation.

It is a valid ally against wrinkles, acne, blackheads and imperfections. It has no photosensitizing effects, it can be used in any season.

Ideal for all ages and for all skin types, it evens out the complexion, regulates the production of sebum, leaving the skin radiant.

Instructions for use: apply morning and evening to cleansed facial skin.

15ml € 20,00



Serum Gold 24kt

Serum based on hyaluronic acid and 24-karat pure gold particles, illuminates, renews, plumps and firms the skin of the face. Redesigns the oval of the face and gives a youthful look in a few applications. The serum contains specks of gold 24k, a precious antioxidant which, with the combined action of the contained principles, has considerable efficacy in terms of cell regeneration and protection against the aggressions of free radicals.

Thanks to the pure gold particles, which reflect the light on the skin, the complexion of the face regains its radiance. Lifting and relaxing result for visibly improved skin.

How to use: apply the right amount of serum on perfectly cleansed face skin and massage until completely absorbed.

50ml € 28,00

Eye contour gel anti-aging bags

Thanks to the properties of witch hazel and elastin, it improves skin microcirculation, reducing swelling of the eye area. With a fresh and rapidly absorbed texture, it is also ideal for subsequent make-up. Enriched with caffeine and vitamin E, it is able to counteract the first wrinkles, but also to ensure an immediately visible result on bags, dark circles and signs of fatigue.

Revitalizes the eye contour area giving a feeling of freshness and helping natural microcirculation with an immediate anti-stress and anti-aging effect.

How to use: apply to the eye area, morning and evening after cleansing and gently tap to promote absorption and stimulate skin microcirculation.

30ml € 30,00



Instant bags and dark circles serum

In just 2 minutes “Magic Eye” literally acts UNDER YOUR EYES!!!

Forget BAGS and DARK CIRCLES: its unique formulation will work from the first seconds to stretch and cover them, with an effect that will last for hours. Once applied, the serum dries in seconds and creates an invisible film that stretches the skin. The ingredients it contains promote a botox effect action. But its effect is not just appearance: the active ingredients of this magical serum will also work to rejuvenate and tone the skin application after application, for a real and concrete effect over time.

How to apply: squeeze a small amount of product between your fingers, rubbing it between your thumb and forefinger until you get a uniform veil. Then apply under the eyes by tapping, thus covering the entire affected area. Leave on for 2 minutes remaining motionless.

It is recommended to apply the eye contour or daily face cream first.

15ml € 35,00

Micellar water

Rich in aloe vera and cornflower idolatrous, it perfectly removes face and eyes. Calendula and Hamamelis cleanse, refresh and tone and the skin preventing skin irritation. Delicate on all skin types, it is formulated with micro particles that incorporate makeup and impurities with ingredients that help maintain an optimal level of hydration.

It is enriched with vegetable glycerin, panthenol and vitamin B3.

Mode of use: clean and remove make-up from face and eyes with a cotton pad. Repeat the application until the cotton is clean. Rinsing is not necessary.

200ml € 15,00



Face Scrub



The granular powder, obtained from hazelnuts and almonds, acts with slight exfoliation which gently eliminates dead cells and impurities. Sweet almond oil, rich in vitamins, has a moisturizing, emollient and antioxidant action. Calendula and witch hazel play a soothing and re-pitalizing action. The skin will be soft and velvety and the face shines with radiant beauty.

Mode of use: after application, the product should be massaged in circular motions, insisting on the most stained or thick areas.

100ml € 19,00

Face mask anti-age biostimulant



The active ingredients present give the mask strong antioxidant properties useful to reduce the formation of free radicals. It helps to prevent skin aging, collagen has an anti-wrinkle and restorative action, wheat germ oil has an elasticizing action, Ginkgo biloba extract has an antioxidant and stimulates microcirculation, elastin gives tone and elasticity to the skin, ginseng has a toning and revitalizing action, calendula soothes inflammation.

Excellent for senescent skin.

How to use: apply the mask obtaining a uniform layer of about 1.5 / 2 millimeters. Leave on for about 20 minutes, remove with dry cotton and tap the residues. The mask being cream does not dry during the exposure time, which allows an optimal yield.

100ml € 30,00

Snail slime face mask



Snail slime has a regenerating, healing, firming, illuminating and anti-aging action.

Highly concentrated and suitable for all skin types, thanks to the combination of Snail Slime it gives the skin hydration, shine and an extraordinary lifting effect.

Instructions for use: apply on dry and clean skin, leave on for 10-15 minutes then remove and rinse with warm water.

1 disposable mask 7€

Magic eyelashes

MAGIC Eyelashes is the magical treatment created to give you long, voluminous, thick and full lashes. Specific herbal ingredients help to fortify the structure of the eyelashes, assisting their growth and making them stronger and more elastic. With a strengthening and nourishing action.

100% natural, also suitable for contact lens wearers.

Already after a few weeks your lashes will appear more beautiful, long and fuller for a natural “false eyelash” effect. It also helps protect them from brittleness so they always look great. Natural lashes 78% longer and thicker.

The eyelash growth period lasts approximately 30 days. It is too short a time for lashes to become long and thick. MAGIC EYELASHES advanced formula accelerates the natural growth of lashes and strengthens them at the root. The result is long, healthy and florid lashes and also prevents them from falling out. Thanks to the special formula and the easy-to-use applicator, 10 ml of serum is enough for 3 months of treatment.

How to use: with the applicator, spread the product along the lash line morning and evening on non-made-up lashes, after a thorough cleansing of the face and eyes. Once the product has dried, you can proceed with the usual make-up.

10ml € 35,00

Magic Lips

With a plumping effect, rich in hyaluronic acid and the most innovative peptides with an immediate tightening effect, this formulation will give you fuller and larger lips from the very first applications, also working to counteract the “bar code effect” given by the small wrinkles around the lips.

The product is 100% natural, there are no contraindications and Jan can be a valid alternative to aesthetic medicine.

Hyaluronic acid spheres make lips appear toned and plumped.

Active ingredients:

- **PEPHA TIGHT** - It is a purified extract, obtained from a micro alga combined with a fraction of biotechnological polysaccharides (Pullulan). It provides an instant straightening effect on the skin and acts in the long term, protecting cells from oxidative stress and stimulating the formation of collagen. It acts with an immediately perceptible lifting-straightening effect

- **SYN-TACKS** - It is a firming and lacticizing peptide.

- **HYALURONIC ACID** - It is a substance naturally present in the body that stimulates the formation of collagen and connective tissue and reactivates cellular function. Thanks to this substance the cells bind, absorb water and consequently increase the volume of the lips, fills and smoothes wrinkles.

Suitable for all ages.

How to use: apply 2-3 times a day the filler cream in moderate quantity on the lips using the special dispenser or with your fingers, massage until completely absorbed. To enhance the recommended effect immediately after applying the ph-reactive Lip Balm to make your lips plump and pink.

15ml € 35,00

Magic Lips scrub

Made with cane sugar, it gently removes dead cells and cuticles on the lips. The mechanical action of the sugar smoothes and thanks to the rubbing of the granules it also acts as a light plumping effect. Contains Ultra Filling Spheres™, hyaluronic acid microspheres with a high moisturizing power, and acts both as an anti-aging for the lips and as a plumping agent. With its sweet and intoxicating fragrance, this scrub offers the benefits of a moisturizing butter. The smile blooms after a single application, incredibly sweeter and fresher.

Instructions for use: 2 times a week with gentle circular movements on the lips and lip contour. Rinse with warm water, pat dry.

30ml € 25,00



Magic Mask Neck&Chin

The Magic Neck & Chin kit will amaze you with exceptional and immediately visible results!

1. Specific mask, rich in antioxidant elements, collagen and straightening peptides. The mask itself is designed to exert pressure that facilitates the absorption of the mix of active ingredients and stimulates the chin as a specific massage would do.
2. Massage cream. To be applied in the area where the mask was placed, then spreading it, with an energetic massage from the bottom up, to the whole neck.

Active ingredients:

- Uplevity™ to combat skin sagging .
- Firmiderm to strengthen the elasticity and tone of the skin.

A kit includes 2 masks and a jar of cream, needed to cover a week of treatment. (allow 3 days to pass between one application and another).

The first results will already be visible after the first application but it is recommended, to obtain a lasting result, to repeat the complete treatment at least 3 times.

Instructions for use:

1. Apply the mask, stretching it as needed, until it covers the entire area of the chin
2. Leave on for at least 15 minutes
3. Apply the cream to the treated area and all over the neck, with an energetic massage from the bottom up

2 masks X10 ml
1 cream of 25ml 50€





Make up line

Antiage corrector



Contains active plant ingredients that moisturize and give elasticity to the skin. It covers dark circles and minimizes imperfections. Excellent coverage, easy application. Curative effect on acne and blackheads. Promotes the closure of dilated pores.

Active principles:

- **BETAINE + RHODIOLA ROSEA EXTRACT + YEAST EXTRACT**
EyePro® 3X is composed of a fermented yeast extract, from Rhodiola Rosea and betaine deriving from sugar beets. It stimulates, energizes and moisturizes tired tissues to create the smooth and firm look of youthful skin.
- **LAMINARIA OCHROLEUCA EXTRACT**
Biological Protection Factor Antileukine 6® strengthens the lipid barrier, thanks to its high concentration of phosphatidylcholine, increases skin hydration. Antileukine 6® strongly limits the activation of keratinocytes and neutralizes the biological consequences of a UVB stress.
- **ORGANIC JOJOBA OIL**
It has moisturizing properties and gives elasticity to the skin. It allows to maintain a correct lipid film, combats the tendency to acne reducing the production of sebum.
- **ORGANIC ZEA MAYS**
The organic mays starch has an emollient and softening effect.
- **PRUNUS ARMENIACA KERNEL EXTRACT**
Apricot wax with firming, emollient and moisturizing properties.
- **TOCOPHEROL**
Plant Tocopherol, commonly known as vitamin E, is one of the most important antioxidants. It captures free radicals and protects the skin from damage and premature aging.

€ 20,00

Blush duo



Contains antioxidant, anti-aging and opacifying active ingredients that minimize imperfections. The fine texture colors the cheekbones in a natural way. Does not occlude pores and improves skin texture.

Active principles:

- **BETAINE + RHODIOLA ROSEA EXTRACT + YEAST EXTRACT**

Is composed of a fermented yeast extract, from Rhodiola Rosea and betaine deriving from sugar beets. It stimulates, energizes and moisturizes tired tissues to create the smooth and firm look of youthful skin.

- **LAMINARIA OCHOROLEUCA EXTRACT**

Contains the Biological Protection Factor Antileukine 6® strengthens the lipid barrier, thanks to its high concentration of phosphatidylcholine, increases skin hydration. Antileukine 6® strongly limits the activation of keratinocytes and neutralizes the biological consequences of a UVB stress.

- **ORGANIC APRICOT OIL**

The lipophilic part of the apricot has firming, emollient and moisturizing properties.

- **ORGANIC ZEA MAIZE**

Has an emollient and softening effect.

- **SQUALENE**

The presence of Squalene in cosmetics allows to penetrate the deeper layers of the skin and to reform the hydrolipidic thread, weakened by sunlight and detergents. It also performs a very important protective action against the oxidative stress of the skin: the two unsaturations make it the main antioxidant agent of the epidermis.

- **PLANT TOCOPHEROL**

Commonly known as vitamin E, is one of the most important antioxidants. It captures free radicals and protects the skin from damage and premature aging.

€ 20,00

Sun effect



It contains antioxidant, protective and opacifying active ingredients that minimize imperfections and eliminate the shiny effect. Fine texture, long lasting. It can also be used as a powder. Anti-aging healing effect, does not occlude pores.

Active principles:

- **ORGANIC ZEA MAZE**
Has an emollient and softening effect.
- **PLANT TOCOPHEROL**
Commonly known as vitamin E, is one of the most important antioxidants. It captures free radicals and protects the skin from damage and premature aging.
- **SQUALENE**
In cosmetics allows to penetrate the deeper layers of the skin and to reform the hydrolipidic thread, weakened by sunlight and detergents. It also performs a very important protective action against the oxidative stress of the skin: the two unsaturations make it the main antioxidant agent of the epidermis.
- **MARINE COLLAGEN**
Re-enacts skin folds and prevents the appearance of new wrinkles.

Lip balm volumizing PH reagent



Lip balm with moisturizing and volumizing action based on collagen and hyaluronic acid. Contains special pigments that react on contact with the lips and adapt to their pH revealing their natural color. It gives the lips a rosy color that goes perfectly with your complexion.

Inside we find microbeads that reflect light. The formula is enriched with sunscreen to protect lips from sun damage, the full-bodied and enveloping texture with immediate and ultra-silky smoothness gives maximum hydration. Ideal for maintaining turgidity after treatment with the hyaluronic acid-based filler.

Revives lip color for 6-8 hours.

Scent: vanilla.

How to use: it can be worn alone as a lip balm or to enhance the volume effect. It is recommended to first apply the Magic Lips product and immediately after the Lip Balm.

€ 30,00



Body and hair line

Kit Remise en Forme

Three actions in seven days and you will notice your skin and shape completely transformed. The synergistic action of the active ingredients present in all the products help to remodel and drain all the excess accumulated in the summer.

A constant treatment allows you to see results over the course of 3-4 weeks.

How to use:

1: Perform a total body scrub before taking a daily shower. Inside the scrub there are: Himalaya Salt, Sea Salt, Bergamot Oil, Mint Oil. The exfoliating action helps the penetration of the active ingredients by decreasing the skin layer damaged by the sun.

2: Apply a few drops of pure synergy with Phosphatidylcholine to the most critical areas, it will help dissolve and remodel the most persistent and difficult adiposities. Massage vigorously until the synergy is completely absorbed.

3: Only for the first application, apply the three bandages, starting from the ankles to the waistline. The function of the bandage will have a shock effect on your body by breaking the bonds of adiposity and draining. Put on the onesie and hold on for at least 20 minutes.

4: Apply the Triphasic cream on the entire treated area. massage until completely absorbed.

Composition of the Kit:

1 Exfoliating Body Scrub 250 ml

1 Pure Phosphatidylcholine Synergy 50 ml

3 Draining Body Wraps 100 ml

1 Triphasic Body Cream 250 ml

1 Disposable Cartene Trousers

Active Product:

Exfoliating Scrub: Himalaya Salt, Sea Salt, Bergamot Oil, Mint Oil.

Phosphatidylcholine Synergy: Pure Phosphatidylcholine.

Draining Bandage: Centella, Gin-Seng, Guarana.

Triphasic Body Cream: Phosphatidylcholine, Dead Sea Salt, Regu-Slim.

Cellulite and skin imperfections are processes caused by malfunctions of the microcirculation, which leads to an alteration in the metabolism of the connective tissue and the impairment of vascular permeability. The connective tissue can be weakened by insufficient physical exercise and, therefore, by the lack of muscle tone, excess fat and poor circulation. What we can take for sure, therefore, is that the problem is not related to the presence of toxins in our body.

The Remise en forme Kit solves aesthetic problems in a short time, if combined with proper nutrition and sports activity.



€ 55,00

Stretch Mark Cream

Prevents the formation of new stretch marks and repairs existing ones thanks to the exclusive formula rich in Regu®-Stretch.

The carefully selected natural ingredients immediately perform:

Regenerating action: stimulates the synthesis process of elastin fibers and repairs skin damage, visibly reducing red and white stretch marks.

Elasticizing action: makes the skin more “resistant” to the proteolytic attack of elastase and decreases the formation of stretch marks.

Moisturizing and Nourishing Action: keeps the skin soft and velvety.

Antioxidant and protective action of skin tissues.

Visibly Reduces Red Stretch Marks by 98%.

Smooths White Stretch Marks by 85%.

Facilitates skin healing without leaving marks.

Makes the skin more elastic and soft, preventing the formation of stretch marks.

Its effectiveness is guaranteed and tested on every part of the body in particular on:

Abdomen

Breast

Hips

Thighs

Buttocks

PARABEN FREE

How to use: apply in moderate quantities with a gentle massage until completely absorbed, morning and evening on the parts of the body affected by imperfections. It can be used during pregnancy and lactation, away from feeding, avoiding direct application on the nipples.



500 ml € 40,00

Push Up Mousse Buttocks

This mousse, thanks to the presence of a particular vegetable polymer, ensures an immediate tightening effect and, as the treatment continues, more toned and compact buttocks. It contains two innovative principles: the Regu-Shape capable of reducing localized fat deposits and the Firmiderm that guarantees an immediate lifting effect.

A constant treatment allows you to see results over the course of 3-4 weeks.

How to use: in the first phase, 2 applications per day are recommended, then at least one month of maintenance is required with one application per day.

Apply to the buttocks with an energetic circular massage from bottom to top until completely absorbed.

Do not use in pregnancy.



180ml € 35,00

Nourishing fluid emulsion with collagen

Based on Collagen, Vitamin E, Hyaluronic Acid, this emulsion is designed to make the skin soft and luminous contrasting skin dryness and dryness. It increases the natural skin tone by neutralizing excess free radicals.

The result will be a soft, radiant, hydrated, firmed and smooth skin.

Pleasant scent.

How to use: apply 1-2 times a day on cleansed skin.



500 ml € 30,00

Face and body reshaping sun cream high protection

High protection factor sun cream with the addition of mineral filters, ideal for phototypes 1 and 2. La new combination of sunscreens and the revolutionary active ingredient SVELTINE ST, reshape your body during sun exposure , the slimming and 'enhanced by the heat of the sun. Inside there is also a tanning accelerator.

3 actions in 1:

- Protects from the sun and skin aging
- Speeds up the tanning process
- Reshapes the body

Scent: Enveloping and relaxing, with notes of coconut and mango.

It has moisturizing, emollient and protective properties. Paraben-free formula. Water resistant. Fragrance hypoallergenic.

How to use: apply to the skin before sun exposure and renew the application several times during the day.

200ml € 30,00

Face and body reshaping sun cream medium protection

Medium protection factor sun cream with the addition of mineral filters, ideal for skin types 3 and 4, suitable for skin that is colored and less prone to sunburn. The new combination of sunscreens and the revolutionary active ingredient SVELTINE ST, reshape your body during sun exposure, the slimming action is enhanced by the heat of the sun. Inside there is also a tanning accelerator.

3 actions in 1:

- Protects from the sun and skin aging
- Speeds up the tanning process
- Reshapes the body

Scent: Enveloping and relaxing, with notes of coconut and mango. It has moisturizing, emollient and protective properties. Paraben-free formula. Water resistant. Fragrance hypoallergenic.

How to use: apply to the skin before sun exposure and renew the application several times during the day.

200ml € 30,00



Face and body reshaping sun cream low protection

Low protection factor sun cream with the addition of mineral filters, ideal for skin types 4, 5 and 6, suitable for dark and already tanned skin. The new combination of sunscreens and the revolutionary active ingredient SVELTINE ST, reshape your body during sun exposure, the slimming action is enhanced by the heat of the sun. Inside there is also a tanning accelerator.

3 actions in 1:

- Protects from the sun and skin aging
- Speeds up the tanning process
- Reshapes the body

Scent: Enveloping and relaxing, with notes of coconut and mango. It has moisturizing, emollient and protective properties. Paraben-free formula. Water resistant.

Fragrance hypoallergenic .

How to use: apply to the skin before sun exposure and renew the application several times during the day.

200ml € 30,00



Body Oil



A mix of precious vegetable oils for a unique and special product. Argan Oil, Jojoba Oil, Avocado Oil, Olive Oil and Sweet Almond Oil are combined in an oil with high moisturizing, regenerating and nourishing power, ideal for body and face skin.

The formula is enriched by the presence of antioxidant and regenerating vitamin E. Useful for combating stretch marks. Ideal during pregnancy.

How to use: apply a generous amount of product and massage until completely absorbed, preferably in the evening.

100ml € 18,00

Breast Volumizing Cream



Cream based on Anemarrhena Extract, plant herbaceous native to Mongolia, containing a non-hormonal active ingredient with stimulating action the proliferation of adipocytes (cells responsible for the incorporation of lipids) and causes a volume increase. At the breast level there is one tissue growth resulting in greater firming and volume growth.

There is also hyaluronic acid which hydrates a bottom and keeps the affected part turgid.

Indications: it is recommended in the treatment of the breast and neighboring parts. It has no contraindications whatsoever gender and does not cause any hormonal interactions.

Directions: it is recommended in the treatment of the breast and surrounding areas.

It has no contraindications of any kind and does not cause any hormonal interaction.

How to use: apply the cream twice a day on the affected area for two months. Massage with gentle circular movements.

100ml € 38,00



Magic Body lipolytic cream

Based on Phosphatidylcholine, Regu-slim, Dead Sea Salts, Sweet Almond Oil, Shea Butter, Laminaria Seaweed and Butcher's Broom. Body cream designed to combine three treatments in one. A mix of active ingredients that make this cosmetic unique and inimitable. The functions of this cream have been designed to give results in a short time, without forgetting the sensoriality: texture and perfume will make the massage relaxing and enveloping. Contains Regu-Slim, a patented multifunctional complex, with a slimming, remodeling and smoothing activity for the body, which accelerates the natural mechanism of subcutaneous fat reduction and makes the skin smoother and firmer. It also contains Phosphatidylcholine, a lipid with incredible lipolytic properties, therefore able to promote the hydrolysis of fats. Reducing the volume of fat cells is essential to combat both cellulite, and localized fat areas and in turn determines a reduction in volume and loss of centimeters on the legs and stomach. While the minerals contained in Dead Sea Salt have a revitalizing action on the skin and help to counteract its natural degenerative process, stimulating and invigorating it. Its cleansing properties help eliminate waste, helping to make the skin softer, smoother and smoother.

How to use: apply the cream in small quantities on the area to be treated, and perform a soft massage until completely absorbed. For best results it is important to eat properly and exercise.

250 ml € 38,00

Shower gel



Particularly suitable for delicate, chapped, dehydrated, irritated or inflamed skin. Respects and restores the hydro-lipid film of the skin.

Contains extra virgin olive oil, Calendula and Aloe Vera in high concentration for a synergistic soothing, moisturizing, emollient, refreshing action. Powdery perfume.

How to use: ideal for daily hygiene of the whole body, distribute in the right amount and rinse.

200ml € 10,00

Travel size 30 ml € 3,00

Anti-cellulite and firming body scrub



Eliminates dead cells and stimulates the formation of new cells of your skin, simultaneously actively works on the imperfections of the cellulite and sagging skin. The action of the salt is to remove dead cells, while the oil of mandorle dolci is used to hydrate and make the skin more elastic and smooth; it also helps prevent the formation of stretch marks.

Enriched with sesame oil, rich in vitamins and minerals and with essential argan oil, with calming and antiseptic properties.

How to use: apply to moist skin of the body and massage in a circular direction from bottom to top. Leave on for a few minutes and rinse with warm water. We recommend using 1- 2 times a week.

500ml € 25,00



Aloe gel

Formulated for 99% from pure cold-pressed organic aloe vera gel, it protects, soothes and moisturizes all skin types. It carries out a soothing and refreshing action and is particularly suitable for sunburns, redness, cracking, external dryness and insect bites.

Suitable for the delicate and sensitive skin of children. Also ideal as after sun. Not greasy.

How to use: apply in the desired area and massage with circular movements until completely absorbed.

150ml € 15,00



Arnica gel

With over 20% of arnica montana extract, in association with panthenol, it gives relief in the presence of bruising and bruising. Analgesic, anti-inflammatory and anti-bullous. Particularly useful post aesthetic medical treatment (filler, mesotherapy, surgery, etc.).

How to use: apply to the injured area and massage until completely absorbed.

100ml € 12,00

Keratin shampoo



It cleanses effectively, promoting a restructuring, moisturizing and nourishing action. Protects the hair, eliminates frizz and gives shine. Ideal for dry, brittle, damaged or chemically treated hair. It consists of Keratin and Hyaluronic Acid. Gently cleanses damaged and damaged hair, providing the molecules necessary for the internal reconstruction process of the hair. The new delicate, rich and creamy formula balances hydration, leaving the hair soft and giving the color a natural shine. How to use: shake before use. Wet hair, apply and massage on hair and scalp, rinse well.

250ml € 15,00

Biorevitalizing hair mask



Restructuring mask for the treatment of brittle and dry hair. Regenerates and strengthens the hair bulb. Prevents the formation of split ends and makes the hair brighter. Based on Elastin hydrolyzate with restructuring action and protective of the hair bulb, Jojoba and Macadamia oil with activity softening and nourishing, in addition there is also ivy extract which strengthens the hair structure.

How to use: apply to damp hair and leave on, comb and rinse.

250ml € 25,00

Hair conditioner



Olive oil and rosemary extract strengthen and hydrate the hair, the sunflower seed oil restructures and gives brilliance and silkiness to dull, damaged and stressed hair. Shea butter 'has an immediate detangling action, the lemon balm extract prevents skin aging. Give your hair a seductive scent.

How to use: apply gently in the final part of the hair and leave to act for a few minutes. Rinse.

200ml € 15,00

Perfume EDT Hyaluronic Acid



Persistent but discreet composition, powdery notes at the beginning, powdery heart of iris and tuberose and sensual oriental base of vanilla and sandalwood. For a woman looking for modern powdery sensations without sacrificing classic powdery tips that enhance sensuality and elegance. Contains hyaluronic acid to hydrate and prevent neck wrinkles. Also ideal for hair.

Olfactory pyramid

Top notes: Talc

Heart Notes: Tuberose, Iris

Base Notes: Vanilla, Sandalwood, Tonka Bean

Bag format 15 ml **€25,00**



Scented Body Cream

The moisturizing emulsion is a body treatment that sublimates and nourishes the skin every day. Its fresh and light texture promotes rapid absorption. Like a caress, this creamy milk envelops the scent trail in a feeling of well-being.

We find the powdery notes in the opening, powdery heart of iris and tuberose and sensual oriental base of vanilla and sandalwood. Contains hyaluronic acid to hydrate and prevent wrinkles.

Olfactory pyramid

Top notes: Talc

Heart Notes: Tuberose, Iris

Base Notes: Vanilla, Sandalwood, Tonka Bean

Bag format 15 ml **€15,00**



Nutritional bars replacement

Medecine Nutrition et Danse bars replace a complete meal and are perfect to take with you even when you are away from home, providing a balanced calorie value and ensuring the right amount of carbohydrates, lipids and proteins. Replacing 1-2 meals daily with bars supports weight loss or maintenance of the desired weight. Choose from four tasty variations!



Dark chocolate taste protein bar

WITH WHOLE CHOCOLATE PIECES

50gr - 239kcal per bar | Price: 4€

Ingredients: dark chocolate (sucrose, cocoa butter, soy lecithin, natural vanilla extract) - (53%), mix protein (whey protein, calcium caseinate) - (36%), rice crispies (rice flour, sucrose, glucose syrup, cocoa powder, barley malt extract (gluten) emulsifier (soy lecithin), salt (10%), peanut oil.



Coconut protein bar

CHOCOLATE WITH FRESH COCONUT FLAKES

50gr - 239kcal per bar | Price: 4€

Ingredients: milk chocolate (sucrose, cocoa butter, whole milk powder, soy lecithin, natural vanilla extract) - (53%), protein mix (whey protein, calcium caseinate) - (36%), rice crispies (rice flour, sucrose, glucose syrup, cocoa powder, barley malt extract (gluten) emulsifier (soy lecithin), salt (10%), coconut flakes (4%), peanut oil.



Hazelnut protein bar

CHOCOLATE WITH WHOLE HAZELNUT PIECES

50gr - 246kcal per bar | Price: 4€

Ingredients: milk chocolate (sucrose, cocoa butter, whole milk powder , soy lecithin , natural vanilla extract) - (53%), protein mix (whey protein, calcium caseinate) - (36%), rice crispies (rice flour, sucrose, glucose syrup, cocoa powder, malt extract 'barley (gluten) emulsifier (soy lecithin), salt (10%), toasted hazelnuts in pieces (4%), peanut oil.



Strawberry flavored protein bar

WHITE CHOCOLATE WITH FRESH STRAWBERRY FLAKES

50gr - 243kcal per bar | Price: 4€

Ingredients: white chocolate (sucrose, cocoa butter, whole milk powder, natural vanilla extract) - (53%), mix protein (whey protein, calcium caseinate) - (36%), rice crispies (rice flour, sucrose, glucose syrup, cocoa powder, barley malt extract (gluten) emulsifier (soy lecithin), salt (10%), chopped strawberries 4% (strawberries, sugar, preservatives: citric acid, sulfur dioxide (residue), color: E129), peanut oil.





Supplement line



Snell Tablets

SNELL COMPRESSE is particularly indicated during slimming diets: the active ingredients contained accelerate the metabolism of carbohydrates and lipids, while the draining component helps to remove excess liquids.

Made from GREEN COFFEE, GARCINIA, GYMNEMA, L- CARNITINE, MATÈ, GREEN TEEEA, COLINA and CHROME.

Green coffee and Garcinia favor weight loss.

L-carnitine is used to: increase the metabolic efficiency of the use of high energy molecules (lipids); increase the possibility of burning fat during physical activity; increase the efficiency with which the sugars are burned.

The maté has a tonic-stimulating and diuretic action, and is usually used in functional and overweight asthenia.

Choline contributes to the maintenance of healthy liver function, as it can prevent lipid deposits in the liver.

Chromium is a very important substance to support the processes of weight loss, since it regulates blood sugar levels, stimulates the metabolism and ultimately promotes muscle tone.

Indications: We recommend taking 3 tablets a day with plenty of water, 1 in the morning before breakfast and 2 before lunch.

€ 35



Drena - T

Particularly indicated to cleanse the liver and detoxify the organism; it also facilitates digestive and intestinal function. Excellent after prolonged drug therapy to purify the body.

Based on TARASSACO, EQUISETO, MAIS, TE 'VERDE, ARTICHOKE, LESPEDEZA, BETULLA, PILOSELLA, CENTELLA and SOLIDAGO.

The dandelion has a good diuretic action, which is useful in the treatment of water retention, also associated with obesity and cellulitis.

Horsetail is used as a diuretic, hemostatic, remineralizing, and is prescribed in cystitis, nephritic colic, "renella", articular rheumatism and gout.

Maize has diuretic and sedative action of the urinary tract, purifying.

Green tea favors weight loss, due to the increase in thermogenesis. It also has diuretic and antioxidant action: it is therefore indicated in cases of overweight, obesity, edematous conditions and hydrosaline retention.

The artichoke has a purifying action.

Lespedeza and pilosella have a powerful effect on the urinary system, in particular a purifying action of the nitrogen metabolites.

Birch leaves are used as diuretic and antiedematous. The action of the Birch is particularly useful in urolithiasis, in the "renella" and in the bacterial or inflammatory affections of the lower urinary tract, as well as in the conditions of excessive subcutaneous water retention.

Centella is used for the treatment of varicose states and related symptoms (sense of weight in the lower limbs, orthostatic edema, phlebodinia, nocturnal cramps, itching of the lower limbs), chronic venous insufficiency and complications of varices (varicoflebitis, ulcers). varicose, changes in cutaneous trophism).

Solidago is mainly used to eliminate kidney stones and bladder stones and most of the inflammatory diseases of the uro-genital system. It also has aperitif and astringent properties that are exploited on the intestinal tract in case of enteritis, enterocolitis and diarrhea.

It is recommended to take 10 ml of the product diluted in at least 500 ml of drinking water during the day.

Alternatively, take the same amount in a large glass of water in the morning on an empty stomach.

Shake the bottle before use.

€ 25



Depura - T

DEPURA-T fluid is particularly indicated to purify the liver and detoxify the organism; it also facilitates digestive and intestinal function. Excellent after prolonged drug therapy to purify the body.

Based on **CARDO MARIANO, BARDANA, TARASSACO, FILLANTO, ARTICHOKE, RAFANO, SALSAPARIGLIA, FUMARIA, BETULLA** and **LESPEDEZA**.

Milk thistle and burdock are used as a treatment to support acute and chronic hepatitis and cirrhosis induced by alcohol, drugs or toxins.

Dandelion has a good diuretic action, resulting useful in the treatment of water retention, also associated with obesity and cellulitis.

Fillanto and Artichoke have a purifying action.

The Horseradish has digestive action.

The Fumaria and the Birch regulate the diuretic and purifying functions.

It is recommended to take 10 ml of the product diluted in at least 500 ml of drinking water during the day.

Alternatively, take the same amount in a large glass of water in the morning on an empty stomach.

Shake the bottle before use.



Alma Collagen

ALMA COLLAGEN with marine collagen, hyaluronic acid, silvestre pine, vitamins and minerals. alma collagen is indicated to promote the hydration, elasticity and tonicity of the skin, improving the appearance and effectiveness of the barrier effect. also carries out an antioxidant action against the free radicals responsible for the appearance of signs of aging.

Instructions for use

We recommend taking 1 vial a day pure or diluted in water. shake well before use.

€ 30



Remise en forms program

Every body contains in itself the mystery of the original beauty even if sometimes it is hidden behind an ungrateful appearance .. that awaits its discoverer.

Every person is different, each person is the protagonist and will have a unique and special attention.

This program was created for those who dream of getting into shape through proper nutrition, an appropriate cosmetic routine and a balanced workout.

The program will be carried out exclusively online with continuous assistance.

The monthly package includes:

- Nutritional advice with personalized food plan
- Aesthetic medical advice
- Cosmetology consultancy
- Classical dance training program (also ideal for those who have never done dance)

The food plan will be prepared based on your food tastes, taking into account your allergies, intolerances and any pathologies. Fanciful recipes will be sent weekly.

Aesthetic medical advice and cosmetic consultancy will be necessary to advise you on the most suitable treatments and products for your skin and to correct your imperfections.

The ballet training program will take place through video lessons based on your level of preparation. The lessons can also be performed by those who have no experience with classical dance; there is also a specific program for pregnant women.

The Remise en forme program can be purchased in Italy and abroad. Available in English and French.

Remise En Forms Package € 40





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